

**RAPE DETECTION AND PREVENTION SYSTEM USING IOT AND MACHINE LEARNING**

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An information system project proposal submitted to the faculty of information technology in partial fulfilment of the requirements of the award of a degree in Information and Computer science.

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# Declaration

I declare that this project has not been submitted to any other university for the award of Bachelor of Science informatics degree

Admission Number: 102008

Signature …………… Date……………………

I certify that this work is being submitted for examination with my approval.

Supervisor name: James Gikera

Signature …………… Date…………………..

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# Abstract

***Keywords: IOT, Machine Learning, Gender Based Violence.***

*Gender based violence is a recurrent predominant disorder in the society. There are actions that have been taken to suppress the situation but most of the incline to be unsuccessful.*

*Women tend to be easily targeted when they are alone or highly intoxicated. Thereafter, the victim may try to reach out to people or report the incident to the police, but the response time tends to be long and the reported case may not be treated with the seriousness it deserves due to factors like lack of evidence or unclear reports by the victim.*

*The aim of this project is to reduce response time by reaching out to a number of people at once, provide evidence of physical struggle and possibly prevent the abuse from occurring. The proposed system is in two segments IOT and Machine Learning. The IOT will include sensors to check the pulse rate, GSM and GPS modules that will facilitate communication with the selected contacts and the Machine Learning segment: creating a model that will be used to detect any signs of physical struggle and later a report will be generated with regards to the data collected. The report may be used for evidence.*

# Chapter 1: Introduction

## Background

Gender based violence (GBV) is violence against women based on women’s inferior status in society which is considered to be a human rights violation. According to United Nations General Assembly in 1993, it takes forms such as Physical, psychological violence within the family, Trafficking in women and sexual abuse (Centre, 2014). It can be enacted by members of an army, terrorist organization or just a civilian.

The data availed at the Centre’s Website indicates that since 2001 to date, the Centre has supported over 21,341 survivors of GBV, of whom 56% were women and 36% girls. In Kenya, 45% of women aged between 15 and 49 years have experienced either physical or sexual violence; One in five Kenyan women (21%) has experienced sexual violence. Most violence is perpetrated in familial relationships where the perpetrator is known to the victim, strangers account for only 6% of GBV in Kenya and most violence towards women is committed by an intimate partner, (Centre, 2014)

There are sites for GVB;

Community/Society- This is a group sharing common social, cultural, religious or ethnic belonging, it perpetuates existing family structure and power inequalities in the society.

Family- This is the arena where physical abuses (spousal battering, sexual assault, sexual abuse) and/or psychological abuses occur. Domestic violence can also take such forms as confinement, forced marriage of woman arranged by her family without her consent, threats, insults and neglect. Given that violence within the family and household takes place in the home, it is often seen as a ‘private’ issue and information about it is lacking. ( Minnesota Advocates for Human Rights, 2003).

In 2007, Kenya experienced post-election violence which brought a lot of disorder amongst its citizens. There were extremist groups or malicious individuals that would go from house to house, to torture the inhabitants; destroy their belongings and even to an extreme of sexual violence women. This was to impose punishment due to the ethnical classes and some would take advantage of the fact that measures were not being and also people lived in and hence the women couldn’t defend themselves.

Alcohol and drug abuse such as cocaine influence an individual’s tendency towards violence. The respondents of the 1991 National Criminal Victimization Survey perceived more than one fourth of violent criminal assailants to be under the influence of alcohol, less than 10% of these assailants were reported by victims to be under the influence of illicit drugs. Of these, more than half were reported to be under the influence of both alcohol and drugs (Parker & Auerhahn, 1998).

The numbers of unemployed youth are increasing to a point they would opt to commit crime in order to gain money for sustainability purposes. In the midst of all this, they commit sexual violence depending on the victim in this case being the women.

There have been cases of women being abducted and held hostage or sold to different countries lieu of payment. A different instance though rare in Kenya, the recruitment of women and promise them marriage and wealth, in such the women lured and fall prey to these false proposition. The ones behind this are highly capable of orchestrating sexual violence and sometimes end up killing the victims. (Bigio & Vogelstein, 2017)

## Problem Statement

There are many rape cases that reported to the police but only few of them get a hearing. When victims report these cases, they are mostly in a traumatised state, this makes then unfit to give accurate statements leading to  not recording a report of rape as a crime but noting it as an incident hence investigations not being carried out, raising the possibility that perpetrators could go on to reoffend (Barr, 2019)

The rape few cases that make it to trial they are dealt in a manner contrary to the seriousness it requires. The of the survivors struggle to maintain their composure when confronted with their memories of the violence (Review, 2014). They are expected to show less emotions and give elaborate answers and descriptions when confronted with questions or objectivity to because these cases are normalised to sex. This discourages the victims from reporting the case in addition to it, stigmatisation from the society and sometimes the evidence isn’t considered enough.

There are certain traits that make one a rape-target, the female gender at a high risk of being sexually assaulted and there are few who look for women on their cell phone, searching through their purse or doing other activities while walking because they are off guard and can be easily overpowered. There factors that favour the perpetrators, the use of a weapon to threaten the victim and the attack is most likely bound to happen very early in the morning or late in the night since there would be few people to witness.

Psychological Aggression is an aftermath of sexual violence and it takes exhibits itself in different ways such as, self-esteem, likely leading to depression or anxiety and threatening actions are intended to frighten/intimidate, thus leading to anxiety, compliance, and passivity; (Jordan, et al., 2010)

Emotional reactions like guilt, shame, Fear, distrust and Sadness. Physical reactions like changes in eating or sleeping patterns, concerns about physical safety, Physical injury, concerns about pregnancy or contracting an STI or HIV

There are financial costs that incur to the community. These costs include medical services, criminal justice expenses, crisis and mental health services fees, and the lost contributions of individuals affected by sexual violence (© National Sexual Violence Resource Cente, 2010)

## 1.3 Aim

To develop an application that detects physical struggle and prevents women from being sexually assaulted.

### 1.3.1 Specific Objectives

1. To investigate the physical struggle experienced by victims during assault.
2. To review the existing solutions that prevent sexual violence from occurring.
3. To design and develop using the proposed technologies.
4. To test an application that implements the proposed system.

### 1.3.2 Research questions

1. What are the challenges faced by victims during the attack?
2. What are the existing solutions and the challenges they face?
3. How to develop a machine learning model?
4. How to test the system?

## Justification

The proposed system is meant to detect sexual violence using the Machine Learning model analysis that uses body movements to detect physical struggle, the victim able to use the data acquired and generated inform of a report, can be used as proof. The helps in case the victim decides to report the case to the police.

The IOT side of the system includes communication with enlisted contacts, the fact that more people are aware when the victim feels unsafe, increases the chance her getting help from people and the contingency that the police will be on time will be high.

Real time data analysis with renders the proposed system essential because data being generated automatically, this way persons with malicious motives don’t get to interfere with the data and less time is wasted given that the report can be sent immediately to the right personnel.

## 1.5 Scope and Limitation

Given that GVB is a broad subject, the proposed system aims to focus on Sexual violence.

Nairobi will be the point of focus given that it is a densely populated urban area and there tends to be a high rape cases There has of a record of 24.5 per cent of rape cases according to the Daily Nation. (Anon., 2019). With a population of 4,734,881 (Anon., n.d.), The women understudy will be 15 years and above since as stated before, 45% of women aged between 15 and 49 years have experienced either physical or sexual violence and it would be easier for them to operate the system with ease.

There is a high rate of unemployment and also drug and substance abuse by the youth this also increases the crime rate in the city.

Limitations: The victims are hard to approach given that they may be experiencing stigmatisation, Post S Traumatic disorder, social isolation or depression so they may shy away from being because they feel ashamed or are fearful of what may be said about them. The researchers as well might face some difficulties in obtaining sensitive information hence they need to be trained for such occurrences.

# Chapter 2: Literature Review

## Introduction

This chapter discusses the existing applications and documentations that emphasize on Women security thus preventing sexual assault alongside their advantages and shortcomings. The Conceptual diagram of the proposed system will also be illustrated.

## 2.2 Existing Systems

### 2.2. 1 Athena

Athena is a black silicone pendant the size of a half-dollar and can be pinned to a purse, clothing, or even worn as a necklace. With a recessed button at the centre of the device to prevent accidental alerts, users can hold it for three seconds to trigger a loud alarm that will immediately notify friends and family of their current location, or alternatively, press it three times in quick succession to send a silent alert if you’re suspicious of being targeted. (Anon., 2017)

Silent ROAR is mode which sends a distress message without an alarm and Alarm Mode, which sounds an alarm to emergency contacts. Athena also has 911 calling capabilities and via the ROAR Personal Safety app, users also have access to self-defence videos, general safety awareness tips, and the latest news related to gender equality.

The measures that this application takes may only deter perpetrators from harming one person, not necessarily from harming others, or attacking the target at another time.

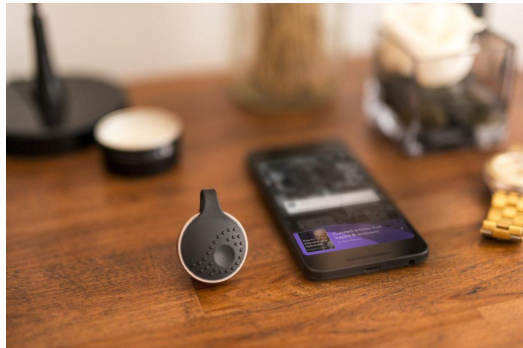


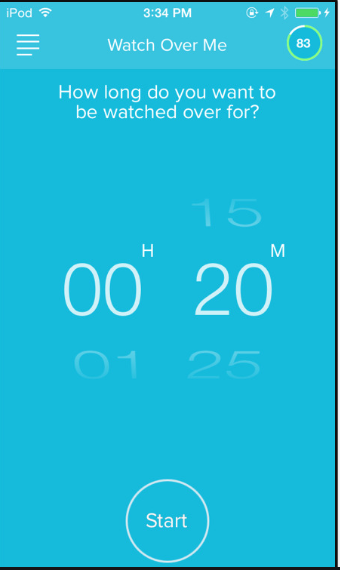
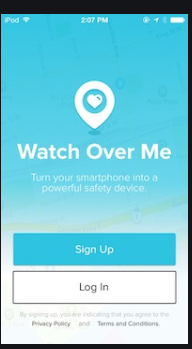
Figure 1: ATHENA

### 2.2.2 Watch Over Me

This an application available that allows the user to set a timer when traveling alone. When you’re in a situation where you don’t have time to make a call for help, just shake your phone and even if it’s locked the app turns on your phone’s alarm, video camera and sends an alert to your pre-set emergency contacts. The application warns you when you’re about to enter a high-[crime](https://www.psychologytoday.com/us/basics/law-and-crime) zone.”

You can choose to add updates in the form of texts, pictures, or video, and if you do not tap the “I’m Safe” button before the timer runs out, friends and family are immediately given your location and any information you've uploaded. Because the app is activated based on inactivity, you’ll be taken care of even if you’re separated from your phone.

Figure 2: Watch Over Me



### 2.2.3 Safecity (Using Machine Learning)

This is an application that similarly allows you to report harassment and feelings of threat in and around the city. It also has a tracker function that allows you to “track loved ones to know they are safe”. It basically functions as a crowdsourced platform where individuals can share their personal stories of sexual harassment and abuse in public spaces, categorising them by place, time and type of harassment. This data then gets aggregated into hot spots on a map that indicate trends at a local level. Users of the app users can also upload photos and videos - any resource that can help them to share not only information, but also advice, and more importantly, support. (Bramley, 2015)

This application allows anonymity, the organisation that runs the application (The Red Dot Foundation) has been identifying location-based concentration patterns and trends where sexual violence crimes are committed. This data has been successfully used to engage over 400,000 citizens and official authorities including the police, municipal and transport authorities and community leaders across 15 cities.

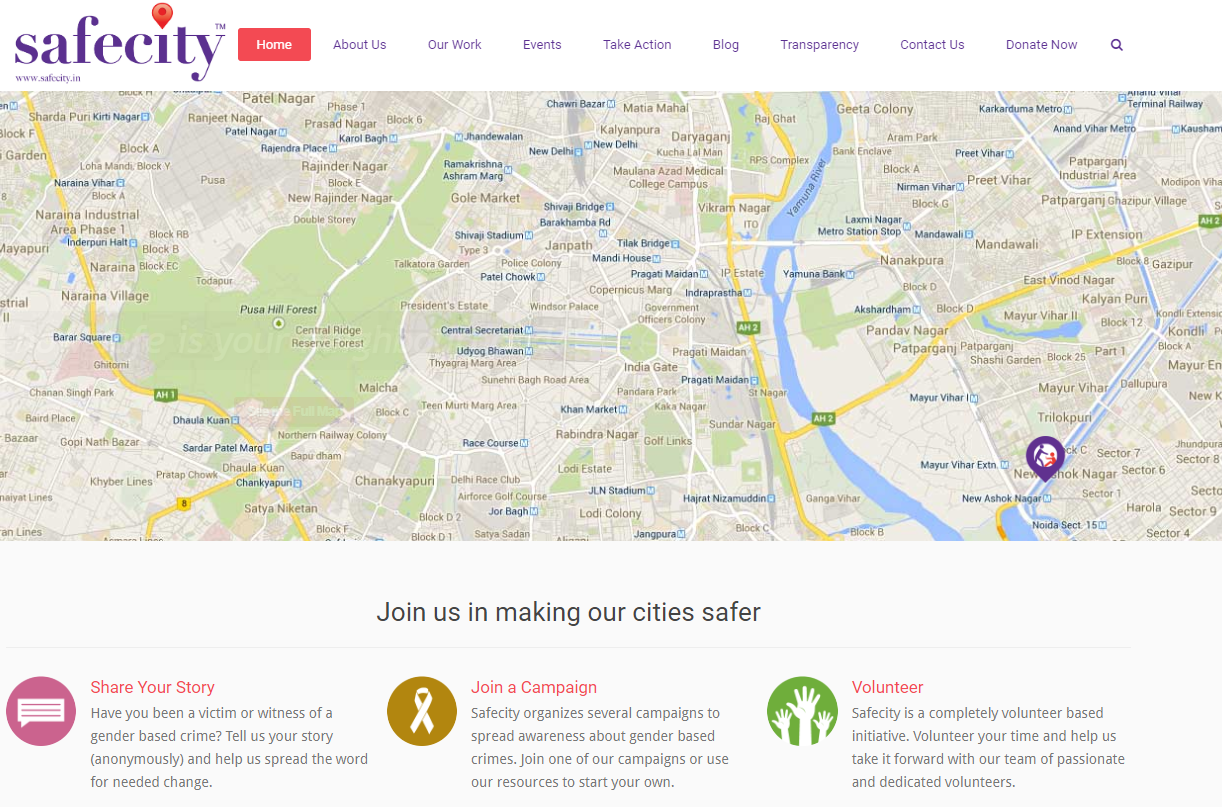


Figure 3: Safecity

### 2.2.4 React Mobile app

React Mobile offers both a free safety app and a panic button device that can be attached to clothing, car keys, wallets, or carried in hand. Once activated, a React Mobile dispatcher immediately provides emergency contacts with your profile information and GPS location. React Mobile also offers group packages, perfect for organizations and community groups looking to stay protected together.

The application allows the user to save contacts that would be contacted in case of an emergency. There are three options: ‘I’m fine’ when the feels safe. ‘Follow me’ is selected when the user feels the need share their location, the location is live until a different option is selected. The location is shared through text and email. The last option being ‘Help Me’, 911 would be automatically contacted but, the user has ten seconds to cancel the call in addition to, the selected contacts would have received a message stating that you are in danger.

However, the application has available concerns there are times when it can’t load this would be very risky when you the user does not feel safe.

Figure 4: React Mobile

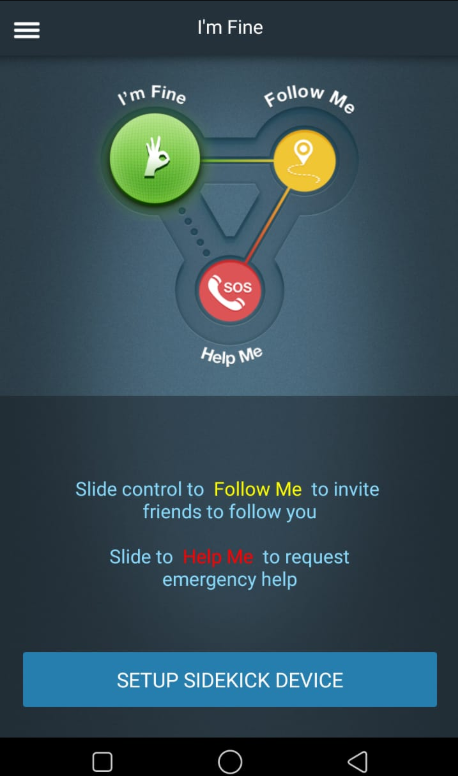
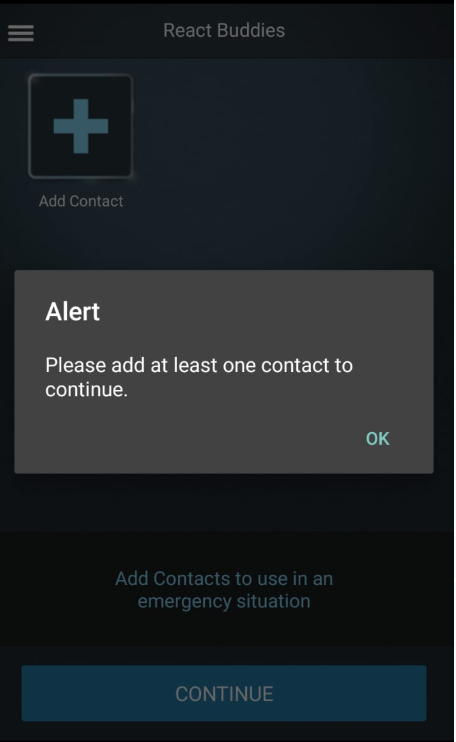


Figure 2. 5

### 2.2.5 Prevention Education

There are programs that have been that different adapted by different institutions to different types of audiences. Adolescents, educators stress the importance of eliciting student participation rather than presenting an entirely didactic program. Programs for older students may include: Setting clear personal boundaries. Confronting sex role stereotypes. Developing healthy attitudes toward emotional and sexual intimacy. Distinguishing between non-assertiveness, assertiveness, and aggressiveness.

The University of Michigan has a nationally known, full-fledged Sexual Assault Prevention and Awareness Centre that offers a wealth of services to the campus community. Their campus rape crisis centre provides peer education on rape prevention, organizes rape awareness weeks, and provides programs for men through the Men's Outreach Committee. (Joel Epstein & Langenbahn, 1994)

(Anon., 2019)

Figure 5: RPE

### 2.2.6 SHE‐ Society Harnessing Equipment (IoT)

It is an IOT garment embedded with an electronic device. This garment has an electric circuit that can generate 3800kV which can help the victim to escape. The garment delivers an electric shock to attackers strong enough to cause severe burns, protecting the victim from any of the electricity. The garment is fitted with a pressure sensor connected to an electric circuit with the capabilities of providing the electric shock when it is squeezed forcefully, and the system is placed in a bi-layer fabric, which ensures insulation to the victim (ZIKRIYA, et al., 2017)

The pressure values for squeeze, pinch and grab have been calibrated. The force applied on hugging does not satisfy the conditions for actuation of the device, and there is also a self-actuation switch where a woman can actuate it by herself when in unsafe environment." (Graham, 2013)

Embedded in the fabric are four flexible sensors which can detect the position of your fingers, an accelerometer which tracks the movement of your arm, a joystick and four push buttons. The sensors and buttons can be configured anyway the wearer wants. It is linked to an interface app either on their computer or mobile device.

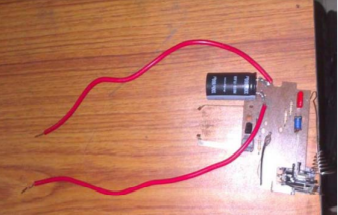


Figure 6: SHE

## 2.3 Conceptual Diagram

The conceptual diagram gives visual representation of the proposed system is going to be. The IoT segment will include sensors like the GSR that checks the pulse rate, the recorded results are sent to the database which intern the data recorded will be used by the ML model to perform data analysis and later the data that is inform of the result of what the ML model would have concluded can be shared inform of a report.

Figure 7 Conceptual diagram

Database

IoT Integration

ML model

Report

Results

Sensors

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